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**WESTMINSTER CANTERBURY WEEKLY SUMMARY–OCTOBER 21, 2021–3 P.M.**

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**John Burns**

*Coronavirus Updates*

The Centers for Disease Control and Prevention (CDC) positivity rate for Henrico County is currently 5.49%. Our area is still considered to be in a high level of transmission.

One employee who tested positive for COVID-19 remains out recovering in quarantine.

The Child Development Center had two classrooms that were closed due to positive cases. Thankfully, the Pre-K classroom reopened Monday and the Preschool classroom will reopen tomorrow.

*Vibrancy! and Other Construction Updates*

Construction continues on the Parking Deck and Promenade renovations. Tune in to *Westminster Canterbury Weekly* in the coming weeks to see more of the designs, plans and progress for what we have to look forward to in the Promenade renovation and expansion and other areas of the project.

*Other Updates*

Medical Director Dr. Jim Wright had planned to speak today, but he is unable to be here. We hope he will be with us next week to share some updates and education.

**Whitney Woodruff**

*Centenarians*

On Saturday, October 16, the City of Richmond's Office of Aging and Disability Services recognized 28 centenarians with its Eighth Annual Mayor Centenarian Celebration. Westminster Canterbury was lucky that a portion of this celebration took place in the Jaqueline Room and recognized several of our residents. Our honorees ranged in age from 100 to 103, and although not all were able to attend, the four happy recipients in attendance were all smiles. Honorees Theda Royall, Miriam Tucker, Will Madden and Jackie Viener were joined by Mayor Stoney; Yvette Jones, Program Manager for the Office of Aging and Disability Services; and Ann-Frances Lambert, Council Member. Each honoree received a personalized plaque, letter from the Mayor and special embroidered throw blanket. It was a lovely afternoon and will become a special celebration that we plan to host each year for our centenarians.

*Halloween Bash*

Residents and staff are invited to the Halloween Bash on Friday, October 29, 11 a.m.-noon in the Wright Courtyard Garden West. Live music, a festive time and ice cream treats for those in costume will be provided. We hope to also have a visit from our Child Development Center. Costumes are encouraged but not required. If you are interested in entering the costume contest, please arrive to the judges table between 11-11:15 a.m. Winners will be announced at the end of the party.

## **Debra Jacobsen**

### *Pfizer COVID-19 Vaccine Booster*

A clinic for Independent Living residents to receive Pfizer COVID-19 vaccine boosters will be held on Tuesday, October 26, in Cochrane Commons. Residents of the Tower, Garden and The Glebe are asked to come between 8 a.m.-noon. Courtyard and Homes on the Green residents should come between noon-5 p.m. If you are not able to come during the assigned times, please report to the Cochrane Commons when you are able, and every attempt will be made to accommodate you. Resident information will be uploaded electronically and securely. Please remember this is for residents who previously received the Pfizer vaccination, not Moderna or Johnson & Johnson. Residents must bring their vaccination cards. Boosters are strongly encouraged for everyone who achieved full vaccination status more than six months ago. This clinic is provided by Walgreens. Residents will receive a reminder in their boxes tomorrow.

If you have already received a third dose, please bring the card to the Clinic or email the details to Laurie Youndt, Director Clinical Services, so it can be added to your medical record.

### *Resident Satisfaction Survey*

The Resident Satisfaction Survey will begin November 1 for all areas of Westminster Canterbury. It will be conducted by Holleran. Written surveys will be placed in Independent Living boxes on November 1. Assisted Living and Parsons Health Center residents will receive a written survey or telephone surveys that will begin on the same day. Completed surveys should be returned to Holleran directly in the self-addressed, stamped envelope by November 15. Results of the survey will be presented to residents by early January. The surveys are voluntary and will be held in strict confidence by Holleran. More details will be shared in writing in residents' boxes tomorrow.

### *General Election*

The General Election is coming up on Tuesday, November 2. All Henrico County Voters residing at Westminster Canterbury will vote from 6 a.m.-7 p.m. in the Cochrane Commons. A few residents of The Glebe and the Homes on the Green are Richmond City residents and will vote at other locations. Virginia law requires all voters to provide an acceptable form of photo identification at the polls. Please check today's *Tales* for more details. If you have other questions, please contact Resident Services at ext. 6082.

### *Shops on Main*

The Shops on Main are receiving the final touches on their renovations. Plans are in place for volunteers to restock in preparation for an opening in the future. More volunteers are needed. Please contact Kathy Morton, Volunteer Resources Administrator, at ext. 5201 if you are interested in volunteering a few hours each month. All proceeds of the Shops go to support Westminster Canterbury Foundation's Annual Fellowship Fund.

### *Pop-Up Sales Tables*

Westminster Canterbury artists and crafters will be setting up sales tables with their wares every Friday morning from 10 a.m.-noon in the November Gallery through mid-December. Come buy special, handmade holiday gifts for friends and family. Tomorrow will be the first day. Your purchases will help benefit Westminster Canterbury Foundation's Annual Fellowship Fund!

## **Logan Augustine**

### *Pastoral Care Updates*

Rev. Deacon Karla Hunt from St. Peter's Episcopal Church will lead the devotions service on Sunday, October 24, at 4 p.m.

Please join us for worship on Thursday, October 28, at 10:30 a.m. Jay Morgan, graduate of Union Presbyterian Seminary and VCU's Department of Patient Counseling, will lead us in worship and will preach. Jay is an intern working in the Pastoral Care Department through December.

Heavy Shtetl will perform on Thursday, October 28, at 7:30 p.m., in the Sanctuary. Tickets are required and can be picked up at the Tower and Center Desks. Please arrive at least 15 minutes early so that the concert can start on time. Heavy Shtetl is a Klezmer band from Congregation Or Ami in Richmond. Klezmer music originated in the Ashkenazi Jewish communities located in Central and Eastern Europe and arrived in the United States in the late 1800s with Jewish immigrants. Klezmer music is primarily instrumental and is noted for its energy and enthusiasm.

Join us for the All Saints' Day service on Sunday, November 7, at 4 p.m. in the Sanctuary to remember residents, trustees, and staff who have died over the past year. Please come early to be seated.

The Rt. Rev. Michael Curry will offer a prerecorded Peters Lecture for Westminster Canterbury titled "Leaving a Legacy of Love for Future Generations" with introductions from Lynn McClintock and Bob Hetherington, on Wednesday, November 3, at 4 p.m. in the Sara Belle November Theater. Tickets are required and may be reserved beginning today by calling the Box Office or through the Touchtown App.

Pastoral Care chaplains are available to help with planning your memorial service. Preplanning is a relief to your family and a comfort to you, as you can note scripture, hymns, readings, poetry and more that are meaningful to you. Your plans can always be changed at a future date. Please call the Pastoral Care office at 200-1502 to set up a time to meet with a chaplain.

### *Prayer/Poem by Wilferd A. Peterson*

Slow me down, Lord!  
Ease the pounding of my heart  
by the quieting of my mind.  
Steady my harried pace with a vision of the eternal reach of time.

Give me, amidst the confusions of my day, the calmness of the everlasting hills.  
Break the tensions of my nerves with the soothing music of the singing streams that live in my memory.

Help me to know  
The magical power of sleep,  
Teach me the art  
Of taking minute vacations  
Of slowing down  
To look at a flower;  
To chat with an old friend  
Or make a new one;  
To pet a dog;  
To watch a spider build a web;  
To smile at a child;  
Or to read a few lines from a good book.

Remind me each day  
That the race is not always won by the swift;  
That there is more to life  
Than increasing its speed.

Let me look upward  
Into the branches of the towering oak and know that it grew great and strong because it grew slowly and well.

Slow me down, Lord,  
and inspire me to send my roots deep into  
the soil of life's enduring values  
that I may grow toward the stars of our greater destiny.