
WESTMINSTER CANTERBURY WEEKLY SUMMARY–NOVEMBER 11, 2021–3 P.M.

John Burns

Veteran's Day

On Veteran's Day, Westminster Canterbury Richmond thanks all who served in the United States Armed Forces. We honored the day with a Veteran's Living History Display and a program featuring the TJ Alumni Band and Friends.

Coronavirus Updates

The Centers for Disease Control and Prevention (CDC) positivity rate for Henrico County is currently 5.13%. Our rate of transmission has improved and moved from high to substantial.

We learned this week of a new positive case of COVID-19 in an employee from Westminster Canterbury Richmond at Home, our home health and hospice team. Some Mary Morton Parsons Health Center and Memory Support residents are considered exposed to this individual. Thankfully all are fully vaccinated with boosters. The affected residents were tested. Results were negative. Residents will be tested again. We do not anticipate any issues thanks to current masking and vaccination policies.

Richmond Marathon

The Richmond Marathon is Saturday. The course passes near Westminster Canterbury on Hermitage Road, the Bellevue neighborhood and Brook Road. Please be aware if you are going to be traveling in Richmond this weekend as some roads in our area will be affected.

Clinic Update

The Clinic will be closed, except for emergencies, on Wednesday, November 17, from 11:30 a.m.-1:30 p.m., while Clinic staff receive training.

Scott Jonté

Promenade Renovation

The Promenade renovation and expansion is well underway. We look forward to its reopening next year. Over the next several weeks, join us as we walk through each of the new venues and highlight the benefits of the offerings to the residents. The design and offerings represent our response to residents' feedback and wish lists in the months and years leading up to this project.

Upon completion of the Promenade renovation and expansion, there will be four distinct locations: a new Promenade Dining Room including the Virginia Room for private dining; a new Coffee Bar and Cocktail Lounge; a flexible dining area for special events, floor dinners and more; and a new small venue restaurant where you can experience our chef's creativity. These new areas will be available to serve as gathering locations, creating environments for social engagement and adding seating capacity to accommodate expanding dining services. The benefit of the project is for you, the resident of today and for the future.

The new Promenade Dining Room will be a warm and inviting venue that will support residents' dining preferences and provide a wider range of dining offerings to family and friends. It was designed to be more flexible. Rather than a buffet, the menu will be ala carte, offering a variety of items in a wide range of prices. Menu items will be made to order, hotter and fresher with dedicated stations like traditional restaurants.

Examples of salads include grilled salmon and spinach salad, vegetarian Caesar with roasted portobellos and caramelized shallots or variations of old favorites such as the cobb salad or wedge. Offerings from the grill may include New York steak sandwich with homemade onion rings, grilled chicken sandwich with avocado and southwestern mayonnaise, or simple fare such as a classic grilled cheese. Entrée samples may include a Tuscan chicken breast with roasted garlic cream and wilted spinach; grilled BBQ pork loin with cheddar grits and apple fennel slaw; or grilled flank steak with blistered cherry tomatoes, a baked potato and seasonal vegetables. There will be an emphasis on healthier alternatives as well as many options in desserts, pastries and more.

A new Virginia Room will provide a private dining space for 12-14 residents for smaller dinners or meetings.

Tune in next week to learn more about other areas of the Promenade renovation and expansion.

Debra Jacobsen

Resident Satisfaction Survey

The deadline to return the Resident Satisfaction Survey is Monday, November 15. Your input is extremely important to us. As of today, we have received responses from 45% of all residents. Response rates in each area of living are: Independent Living 49.4%, Assisted Living 31.3% and Parsons Health Center 43.5%. If you have questions or need assistance filling out the survey, please contact Resident Services at 264-6082. Survey results will be shared with residents early next year.

Echo Shop

The Echo Shop will hold a \$2 fill-a-bag sale on Wednesday, November 17, to clear summer and spring items and make way for current seasonal items. It will be open from 10 a.m.-noon for residents and 4-6 p.m. for employees. This is a first step toward reopening the Shops. Please be patient as social distancing and limited occupancy will be in place. This is a trial run toward reopening the three Shops on Main.

Laurel Award Nominations

Laurel Award nominations are being accepted for volunteers whose significant contribution of time and energy are well beyond the ordinary. Forms are available at the Tower and Center Desks or the Volunteer Resource Development Office, located near the Avalon Entrance. You may also find it on Touchtown under "Additional Docs." The deadline for submitting nominations is Friday, November 26.

Independent Living Leave of Absences

Independent Living residents who will be off campus overnight are asked to fill out a yellow Leave of Absence slip available at the Tower or Center Desk. Please remember to notify the desk when you return. It is important to know who is on campus in case of emergency, so please keep the desk informed of your plans.

Who Knew!

Resident Bill Blake will be interviewed for *Who Knew!* on Wednesday, November 17, at 3 p.m. in the Sara Belle November Theater.

Melissa Markey

Wellness Update

The Resident Health and Wellness Fair is returning on Thursday, November 18, from 9 a.m.-noon in the Cochrane Commons and surrounding areas. The theme is “Treasure Your Health.” Residents will receive a postcard in your mailbox, which will be your ticket for multiple door prizes. A variety of vendors are participating and include Dining and Catering with tasty treats, many clinic partners, the Resident Recycling and Technology Committees, blood pressure checks and much more. The Staff Wellness Fair will be 1-4 p.m.

Glendon Kemp

Bike Storage Update

Bikes have been audited on campus; those that are not tagged by residents have been identified. Any untagged bikes will be removed on Monday, November 22. If you have not marked your bike already, please do so to avoid it being removed. If you have questions, contact Glendon Kemp at 264-6079.

Courtyard Garage Clean Up

Courtyard residents are asked to look at the storage around your parking spot in the Courtyard Garage. There are a few areas of concern. We need your help to maintain compliance with the fire marshal. The *Independent Living Resident Handbook* includes the following about the Courtyard Garage:

“Courtyard residents must adhere to the following directives from the county fire marshal regarding storage items in the garage: all loose items must be stored neatly in containers or cabinets (no cardboard boxes), cabinets must be kept unlocked, combustible items of any kind (oils, gasoline, ammunition, paints, polishes, etc.) are prohibited, small carts are permitted. Security will monitor this area regularly to ensure compliance with state and local fire safety regulations.”

Please clear items by Monday, December 6. If you have questions or concerns, contact Glendon Kemp at 264-6079.

Logan Augustine

Pastoral Care Update

All are welcome this Sunday, November 14, at 4 p.m. for our Celtic Service led by resident, Rev. Dr. Rebecca Weaver. Annette Sparks will play the piano.

Next Thursday, November 18, at 10:30 a.m., in the Sanctuary, Rev. David May from St. Mary’s Episcopal Church will lead a service of worship.

Residents are invited to submit their name for a chance to be our Starlighter this year. Please submit your name in one of the jars located in the Spiritual Center or at the Tower and Center Desks.

Logan read the poem “my brain and heart divorced” by John Roedel.