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**WESTMINSTER CANTERBURY WEEKLY SUMMARY—DECEMBER 2, 2021—3 P.M.**

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Residents joined in-person in the Sara Belle November Theater to hear the latest updates and ask questions. Please tune to TV971 at 10 a.m., 2 p.m. and 6 p.m. daily for more details.

**Bev Beck**

*Employee Christmas Fund*

Because of your generosity, we are well on our way to providing our employees with a wonderful 2021 Christmas gift. Today is the deadline for 2021 contributions to the Employee Christmas Fund (ECF). If you have not contributed and want to thank our employees with a monetary gift for their services throughout the year, you can contribute until 9 p.m. today. Contributions received after today will be included in the 2022 Christmas Fund.

The total amount of contributions received for 2021 will be announced during the celebration on Tuesday, December 7, at 11 a.m. in the Sara Belle November Theater. Come and celebrate with the staff on the day they receive their annual ECF gifts. You will not forget it. Be sure to personally thank our staff for their caring support this year—virtual hugs would be nice!

**Scott Jonté**

*Promenade Renovation*

The Promenade renovation and expansion is well underway. We look forward to its reopening next year and are sharing about each of the new venues, highlighting the benefits of the offerings to the residents. The design and offerings represent our response to residents' feedback and wish lists in the months and years leading up to this project.

Upon completion of the Promenade renovation, there will be four distinct locations: A new Promenade Dining Room including the Virginia Room for private dining; Camilla's, a new Coffee Bar and Cocktail Lounge; a flexible dining area for special events, floor dinners and more; and a new small venue restaurant where you can experience our chef's creativity. These new areas will be available to serve as gathering locations, creating environments for social engagement and adding seating capacity to accommodate expanding dining services. The benefit of the project is for the residents of today and for the future.

A new area will be the small venue. The concept allows the chef to have full creative freedom. This venue will allow a wider range of seasonal offerings plus cuisine-specific themes. The menu is designed for the adventuresome patron, offering smaller portions that will promote sharing at the table. Menu offerings will include wine pairings. This new venue is meant for those with varying palates and allows for greater capabilities for menu change reflecting regional and international themes.

Menu examples include roasted beets with goat cheese and pistachios; stone crab cocktail; meatballs with pomodoro sauce, pecorino Romano cheese, basil, and fresh-baked baguette; or grilled shrimp with Mexican street corn salad and chipotle pesto.

This space can be used for other smaller and informal events including specialty wine and dinner events, meetings and catering and cooking demonstrations.

### *FeedMore Food Drive*

The FeedMore food drive is going well. Thank you to everyone who has supported this initiative. Staff are running behind on capturing the donations, but updates will be provided as soon as they are available.

### *Staff Announcement*

It is with great sadness that we announce Jason Pace, Manager of Dining Services, has resigned. Jason has played a critical part in furthering all aspects of dining, including managing operations during the pandemic and in the design and development of the new Promenade renovation. Please join us in wishing him the best of luck in his new career path.

### **Anita Adkins**

#### *Foundation Update and Naming of New Small Venue Space*

Westminster Canterbury Foundation is in the final weeks of the *Vibrant Vision* campaign to raise \$20 million to serve people and create places and programs that help all of us age with strength, dignity and purpose. There is still time to make a gift to *Vibrant Vision* in many ways. You may support the Foundation's Annual Fellowship Fund, give to the Area of Greatest Need or choose a specific area to support with your generosity.

One of the ways generous donors support the *Vibrant Vision* Campaign is by considering naming opportunities from a list of available spaces and the amount of gift. Because the Foundation is not raising money for the dining spaces and other construction, donors are able to choose which aspect of *Vibrant Vision* their gift will support.

Residents Keith and Kathleen Brower made a gift that will support the new Vital Living Center with improved Wellness programming and equipment to meet each resident's individual fitness needs. In honor of this special gift, they are choosing to remember their late granddaughter, Arabella, by naming the new small venue. It will be called Bella's! This is a beautiful name for a beautiful space. We cannot wait to experience the special cuisine that our culinary team will create for this new dining experience. Thank you to Keith and Kathleen for their generosity.

If you are interested in a naming opportunity, donors can be honored with a named gift through two methods of giving – either a gift or pledge of the full amount or an outright gift of 50% with the remaining 50% through a documented estate gift such as a gift in your will. Should you be interested in learning more about this or any other ways of giving, especially before the *Vibrant Vision* campaign concludes at the end of December, please reach out to the Foundation. You may reach Anita Adkins at 264-6202.

### **Debra Jacobsen**

#### *Shops on Main*

The Echo Shop will be open Friday, December 3, with separate shopping opportunities for residents and employees. It will open from 10 a.m.-noon for residents and noon-2 p.m. for staff.

The Furniture Room and Men's Corner will be open Friday, December 3, from 10-11 a.m. for staff and 11 a.m.-noon for residents.

#### *Pop-Up Shops*

This year, instead of our traditional Fall Craft Fair, artists and crafters are offering creations for sale on Fridays in the November Gallery. On Friday, December 4, from 10 a.m.-noon, six vendors will be present with wonderful gift items for sale. Our Small Crafts class will have bath salts, soup and hot chocolate mixes and

more. You will find creations from residents Sharon Botts, Neill Nelson, Nita Bryant and others and from instructor Janie Rose.

## **Lynn McClintock**

### *Pastoral Care*

The holidays bring good cheer, but they can also bring sadness and a sense of loss. Stillness in prayer, keeping active and being grateful are three things you can do when feeling blue.

1. Try and spend some quiet time in prayer or meditation. Staying connected to the Spirit can give you the reassurance that you are loved, that you are a precious child of God, and that weeping may come in the night, but joy comes in the morning.
2. Take advantage of some of the wonderful offerings here at Westminster Canterbury, particularly in Visual Arts, Wellness and Pastoral Care. Moving your body and renewing your spirit can help. Be sure to pick up *The Westminster Canterbury Tales* newsletter and circle a thing or two you would like to try.
3. Countdown to Christmas by noting one thing each day for which you are grateful. Make a list and check it twice of all those blessings you have received.

## **John Burns**

### *Coronavirus Updates*

The Centers for Disease Control and Prevention (CDC) positivity rate for Henrico County is currently 6.24%. This is an increase. Our region is considered at a high community transmission level. Across Virginia, the rate is 7.0%, up from 5.6% just a week and a half ago. The CDC recommends wearing a mask in public, indoor settings. As of today, more than 88% of adults in Virginia have had at least one dose of COVID-19 vaccine and more than one million Virginians have received the booster. We are monitoring information about the new omicron variant that has been found in the United States.

Two residents were exposed to a family member who tested positive for COVID-19 after Thanksgiving celebrations. Thankfully these residents are fully vaccinated and remain asymptomatic and have so far tested negative. If you learn that you may have been exposed to someone who later tests positive, please notify the Clinic so that we can help with next steps.

### *Vibrancy! Construction Updates*

Additional noise is present around the Promenade renovation as they remove additional portions of the existing slab to allow for new footings for the new addition to the space.

Cranes to build the Parking Deck will arrive on Monday, December 6, and be assembled in the Promenade and Parking Deck construction areas. Once the cranes are assembled, approximately by Wednesday, December 8, trucks will be arriving daily after 9 a.m. with precast panels for the Parking Deck. There will be multiple trucks arriving each day. Trucks will not arrive between 7-9 a.m. but may arrive any time thereafter. They will take approximately 15 minutes to get from the construction entrance to the Parking Deck area. These trucks will take up both lanes as they enter and make their deliveries to the Parking Deck area. They will be escorted to ensure safety. Once the trucks unload, they will only take up one lane and will not interfere with traffic as they leave. This will be through approximately the end of January. Please allow extra time when driving around campus. Thank you for your patience.

*Watch the recording to hear today's questions and answers segment.*