
WESTMINSTER CANTERBURY WEEKLY SUMMARY–JANUARY 20, 2022–3 P.M.

John Burns

COVID-19 Updates

The positivity rate for Henrico has reduced slightly to 31.5%.

Current Resident Cases of COVID-19

Many of our previously reported residents who tested positive for COVID-19 are now considered recovered. As of today, four Mary Morton Parsons Health Center residents are recovering in quarantine, with three of them being cared for in the COVID-19 Unit. One Independent Living resident and three Assisted Living residents are recovering in quarantine.

Thankfully, we are finding very few Independent Living positive cases. Thank you for the precautions you are taking that help keep you safe and healthy. It is working, so please keep it up. Those who have tested positive in Independent Living have recovered quickly.

Current Employee Cases of COVID-19

32 employees have tested positive for COVID-19 and are currently recovering in quarantine. They work in the following areas: Assisted Living, Dining, Facility Services, Finance, Parsons Health Center, Resident Services and Westminster Canterbury Richmond at Home. Many others have recovered and returned to work. Many others have symptoms and are out awaiting test results. We are encouraged that the number of cases is decreasing. 101 staff have tested positive since December 1.

Free COVID-19 Testing Kits

The federal government is offering free at-home COVID-19 tests for every household in the United States. Many residents have already requested these tests. If you are interested in placing an order, visit www.covidtests.gov. Every home in the U.S. is eligible to order 4 free at-home COVID-19 tests. Orders will usually ship in 7-12 days. There is a simple form to fill out with your name and address.

We encourage you to make this request if you are able. You may keep the kits for your use or reach out to the Clinic for assistance when you have symptoms and would like to be tested. You may also give the kits to Westminster Canterbury, and we will add them to our supplies for testing as needed. If you have questions, call Resident Services at 264-6082.

The government has also said that a phone number will be set up so that you can order tests via phone, but it is not known when that will be available. We will update you as we learn more.

Snow Updates

Thank you to our teams behind the scenes who prepare each time wintery weather is in the forecast. Our Facility Services teams make sure that our campus is treated and that plans for clearing snow and ice are in place before the first drop of freezing rain or snow reach our area. Our Courtesy Services team ensures we can provide overnight accommodations for staff as needed to keep important aspects of our operations covered. The

Security team monitors the forecasts and pulls us together for planning. Please stay safe and warm this weekend and enjoy the snow.

Westminster Canterbury Weekly Survey

We need your help! We want to ensure that this program, *Westminster Canterbury Weekly*, is helpful to you. We have a survey underway to get your input that will help us craft our communications strategy moving forward.

Please take the survey online here: <https://www.surveymonkey.com/r/NQTVSDB>. The link is available on Touchtown under *The Tales*. A paper version is available in the Business and Information Centers or near the Avalon mailboxes. We strongly encourage you to take it online if possible.

If you have friends and neighbors who you know do not watch this program, please encourage them to take the survey as well. We need to hear from everyone. Please share your input by the end of January.

Programming Updates

This pandemic has certainly been a long road for all of us – with lots of adjustments and uncertainties along the way. There is hopeful news about the omicron variant. The symptoms are less severe. In places where omicron hit hard such as South Africa and New York City, the cases are dropping more quickly than the delta variant did. We do not know where the end of the journey is, but we know we have been successful so far. We know we are in this together. We know that we will get through this. Thank you for all you are doing to keep safe. We know this is a challenging time. Westminster Canterbury has always been a strong, caring community, and it is times like these where we have the opportunity to pull out all the stops and stay safe together.

We plan to stick with our current level of reduced in-person programming and increased precautions for now and will reevaluate at the beginning of February. We will provide updates in February. Thank you for your understanding.

Debra Jacobsen

Cultural Arts and Life Enrichment

In-person theater programs continue to be suspended. The livestream of The Richmond Forum and the Richmond Symphony will air on TV970. Residents should refer to the TV970 and TV971 schedule in *The Tales* on Thursday, January 27, for dates and times. Saturday Night Movies are airing on TV970.

Unfortunately, due to technical difficulties, yesterday's *Who Knew!* program was not recorded, so we will not be able to rebroadcast it on TV971. The team is working on developing a solid back up system so that this does not happen in the future.

New exhibitions in the November Gallery and Foundation Hall are available for viewing. The 2D exhibit features collaged pictures and paintings. The 3D exhibit features hand-felted objects such as pitchers and bowls. In Foundation Hall, resident Cas Overton is displaying a collection of antique tin containers.

For our book lovers, the Bookmobile will be here on Tuesday, January 25.

Wellness

The Fitness and Aquatic Centers remain open and available for use. Group exercise classes resumed this week. We appreciate everyone following the increased safety measures. To register for classes call 264-6669. If you are interested in starting a wellness program, please call 264-6669 and a member of the Wellness Team will call you.

Salon Services

Salon services continue to operate with reduced hours. Stylists are returning calls as quickly as possible and appreciate your patience.

Galleria

The Galleria is open for business Monday, Tuesday, Thursday and Friday to meet your shopping needs. Hours of operation are 11 a.m.-6 p.m. The Galleria had their best Christmas season ever. Thank you for shopping!

Transportation

Due to pending weather, please watch for updates on the grocery store transportation for Friday, January 21. It is too soon to determine whether we will be able to provide transportation tomorrow.

David Curtis

Psalm 148:3-4

Praise him, sun and moon;

praise him, all you shining stars!

Praise him, you highest heavens,

and you waters above the heavens!

Prayer from St. Theresa of Avila:

May today there be peace within. May you trust God that you are exactly where you are meant to be. May you not forget the infinite possibilities that are born of faith. May you use those gifts that you have received, and pass on the love that has been given to you. May you be content knowing you are a child of God. Let this presence settle into your bones and allow your soul the freedom to sing, dance, praise and love. It is there for each and every one of us. Amen.