
WESTMINSTER CANTERBURY WEEKLY SUMMARY–MARCH 24, 2022–3 P.M.

John Burns

Westminster Canterbury Monthly

Today marks the final *Westminster Canterbury Weekly*. There have been 204 live update broadcasts since March 17, 2020.

In April, we will kick off a monthly, in-person series, that will take place on the first Tuesday of each month at 11 a.m. Join us in the Sara Belle November Theater or watch live on TV970. In April, our team will share updates about upcoming projects and other news. As we draw close to the end of the Parking Deck construction and Promenade renovation, we will soon begin work on the Vital Living Center, changes to the Avalon Entrance and the addition of elevators to the Courtyard East. In early April, work will begin to prepare for construction of a temporary corridor from the Garden Apartments to the Tower. Please join us to hear the updates and ask questions.

A video showing construction updates from the Parking Deck and Promenade renovation was shown.

COVID-19 Updates

In the past two weeks we have learned of a few cases of COVID-19 among residents and staff. Two employees who work in Mary Morton Parsons Health Center and Engineering tested positive and are recovering at home. A total of two residents of Parsons Health Center Third Floor tested positive in unrelated circumstances and are recovering in quarantine.

As we have throughout the pandemic, Westminster Canterbury follows the latest guidance from the Centers for Medicare and Medicaid Services (CMS), the Centers for Disease Control and Prevention (CDC) and Virginia Department of Health (VDH). Our team has been in close contact with VDH to determine next steps. We complete contact tracing and testing as recommended by VDH. Staff in the affected areas follow additional infection control protocols as needed.

In spite of the precautions we must take in Parsons Health Center, we continue to move forward with updating COVID-19 guidelines as the situation on campus and in the greater community improves. Visitation in Parsons Health Center is welcomed. Beginning this week, we are able to offer one table per dining room in Parsons Health Center for a visitor to eat with a resident. Many of our residents' loved ones are looking forward to using this option. Please practice social distancing and remember to always wear your mask while in the resident's apartment. Everyone who enters Parsons Health Center and Assisted Living must be screened.

We are not aware of any cases of COVID-19 in Independent or Assisted Living. While Henrico County's transmission rate remains substantial, the positivity rate is relatively low. Our programs and services will continue to be open.

Effective immediately, masks are encouraged but not required for residents throughout common areas and in most activities, including the Sara Belle November Theater, Wellness and Pastoral Care. Masks had been required in certain activities, but they will become optional for residents. All employees, contractors, visitors

and others are required to wear masks in all common areas including hallways and lobbies and when attending activities.

Screening Process Changes

We will be changing screening processes beginning Wednesday, April 13. The process will become more automated. We will share more details prior to the change going into place.

Resident Satisfaction Survey Results

Resident Satisfaction Survey results were reviewed. Printed copies of the results will be available in the Business and Information Centers.

Anita Adkins

Shops on Main reminder

All proceeds from the Shops on Main benefit Westminster Canterbury Foundation's Fellowship Program. We hope you will mark your calendars for shopping on Fridays.

The Echo Shop will not be open Friday, March 25, as they transition to spring and summer clothes. It will reopen on Friday, April 1. The Furniture Room and Treasure Chest will open as previously advertised:

Furniture Room – 10-11 a.m. for staff, 11 a.m.-Noon for residents

Treasure Chest – 10-11:30 a.m. for residents, 11:30 a.m.-1 p.m. for staff

Westminster Canterbury Foundation – Healthcare Excellence

The *Vibrant Vision* campaign ended spectacularly on December 31, 2021, thanks to your inspiring generosity. We are excited to share stories of some of the special gifts that were given during *Vibrant Vision* that make a huge difference at Westminster Canterbury.

A special gift was made last year to name a space in the Spiritual Center. The kitchen near the Jaqueline Room includes a new plaque that was installed earlier this week. Resident Dr. Bill Blake made a gift to name this space "Miriam's Kitchen" in memory of his late wife, Miriam Snell Blake, to celebrate her joyful spirit and love of hospitality. This gift will support Healthcare Excellence programming, providing resources that our Health Services team uses to provide the best possible care for our residents in Mary Morton Parsons Health Center and Assisted Living.

Imagine returning from the hospital knowing you need specialized care while you recover in Parsons Health Center. Our Clinical Educator position is funded by gifts to the Foundation, and she can train staff on the floor, so they are knowledgeable and ready to care for your needs. You can be reassured knowing this care will be delivered so you may focus on your recovery.

Through a Preceptor Program, new nursing staff go through an extended, detailed, documented orientation to learn the Westminster Canterbury way of caring for our residents. They are paired with the best of our experienced nurses while they get to know each individual resident and how to be a good teammate in providing care.

Donors also make it possible to offer enhanced recreation programming and therapies in Parsons Health Center and Assisted Living for everyone, not only those who can afford it. This includes art, music, horticulture and exercise therapies in The Gables and Monticello, assisted living memory support areas, and other special programs in Parsons.

These programs were important to Miriam during her time in Parsons Health Center, and Dr. Blake was inspired to support them while also honoring Miriam's memory. We are so excited to celebrate the naming of this space and this generosity to Healthcare Excellence.

Will Blackwell

Nurses Week

We look forward to the Nurses Week Awards for 2022. We will celebrate our amazing caregiving staff: RNs, LPNs, CNAs and CNA-Medication Aides. Our last opportunity to recognize our caregiving staff was in 2019. We plan to have special moments of remembrance and celebration throughout the week.

The end of Nurses Week culminates in our Awards Program where the following awards are presented:

- Frances May Tabb Award – George Tabb provided a gift to Westminster Canterbury Foundation in honor of his wife to recognize service excellence. The Tabb Award is only for CNAs, and they may only be nominated by a resident, family member or supervisor.
- Clinical Excellence Award – This award is to recognize an RN or LPN for outstanding clinical and leadership skills.

Have you or your family had a memorable experience with one of our caregivers? Please take the time to nominate that person for an award! The deadline for nominations is Thursday, April 14. Nomination forms are available now. They are located in the Business and Information Centers and in healthcare areas.

The Nurses Week Awards Program will take place Thursday, May 12, at 3 p.m. Join us in the Sara Belle November Theater as we present the awards to deserving recipients. Thank you for helping to recognize our nurses and CNAs in Parsons Health Center, Assisted Living, Westminster Canterbury Richmond at Home and the Clinic.

Logan Augustine

Pastoral Care

Please join us for worship next Thursday, March 31, at 10:30 a.m. in the Sanctuary or on TV970. Justin Pearson from First Baptist Church will lead our service, and resident Susie Frazer will play the piano.

In a supportive and confidential setting, we are offering a grief support group that will meet weekly for three weeks. Group members will have the opportunity to connect with others and share about their own experience of loss. Anyone in the community who has suffered a loss is welcome to join. The group meets on Mondays, March 28-April 11, from 3-4 p.m., in the Jaqueline Room. If you have any questions or would like to sign up, please call Jenny te Velde, Chaplain, at 264-6607 or Vanessa Perry at 200-1502.

This poem by Minnie Louise Haskins was made popular by King George VI's reading of it in his radio broadcast to the British Empire in Christmas of 1939. A fearful nation at war listened to these words of comfort. May we, too, find, great comfort in this poem in those days of tremendous uncertainty and fear in the pandemic.

And I said to the man who stood at the gate of the year: "Give me a light that I may tread safely into the unknown." And he replied: "Go out into the darkness and put your hand into the Hand of God. That shall be to you better than light and safer than a known way." So I went forth, and finding the Hand of God, trod gladly into the night. And He led me towards the hills and the breaking of day in the lone East.